

# CENTRAL TEXAS HOUSING CONSORTIUM NEWSLETTER

www.cthc.org



JULY 2019

## Big Thank You to Belton Fire Department

Over the past few months, the Belton Fire Department and Belton Fire Corps provided and installed **StoveTop FireStops** for all Belton Housing Authority apartments. These are fire suppression devices that help contain or extinguish accidental or unattended stove fires, which may not only prevent expensive repairs but also save lives. One pair of canisters protects a typical four-burner stove from grease fires. Kitchen fires are the leading cause of residential house fires nationwide.



### Fire Prevention Program

Fire prevention activities are coming up in August and September. We have partnered with the Temple Fire Department again to learn more about fire safety. Nine of our properties will have an event complete with fire house demonstrations, hands-on experience with a fire extinguisher, refreshments, and door prizes! Join us at a location near you:

<b>Kyle</b>	<b>Wednesday, August 21</b> 2:00 pm Kyle Community Room
<b>Raintree</b>	<b>Thursday, August 29</b> 5:30 pm, Close to South Fence of Complex
<b>Adams Bend</b>	<b>Thursday, September 5</b> 5:30 pm North East Area of Complex
<b>Tembell</b>	<b>Monday, September 9</b> 5:30 pm, North East Corner of Complex
<b>Golden Haven</b>	<b>Tuesday, September 10</b> 2:00 pm, Golden Haven Dining Room
<b>Autumn Leaves, Jonathan Moore &amp; Harvest House</b>	<b>Tuesday, September 10</b> 5:30 pm THA Office
<b>Willow Brook</b>	<b>Tuesday, September 17</b> 5:30 pm, Willowbrook Family Section Parking Lot
<b>Frances Graham Hall &amp; Chateau</b>	<b>Wednesday, September 18</b> 10:00 am Rose Hall
<b>Crestview &amp; Ratliff</b>	<b>Thursday, September 19</b> 5:30 pm Friendship House

BHA Resident Carmelita Joenks holding her Texas NAHRO award for Resident of the Year for Medium Housing Authorities. CTHC Board of Commissioners Chair Steve Wolfe presented Ms. Joenks the award at the May board meeting.



CTHC Executive Director Barbara Bozon presenting Director of Services Sharon Sapp with the Texas NAHRO award for Management Person of the Year for Medium Housing Authorities.

### Nutrition Class

It's time to get cooking! If you enjoy trying your hand in the culinary arts...or eating, we have a new set of nutrition classes beginning in August. Sara Midturi offers the whole package: kitchen tips and tricks, nutrition tidbits, and you get to sample what you make! You might not become the next *Food Network* star, but you will get to learn some delicious new recipes and how they can benefit your health.

Month & Topic	BHA Resident Center 5:30 pm - 7:00 pm	Rose Hall 12:00 pm - 1:30 pm
August: Resident's Choice: Cakes!	Monday, 8/12	Tuesday, 8/13
September: Freezer Meals	Monday, 9/9	Tuesday, 9/10
October: Vegetable Pies	Monday, 10/7	Monday, 10/8
November: Beets & Root Vegetables	Monday, 11/4	Monday, 11/5
December: Gifts from the Kitchen	Monday, 12/9	Tuesday, 12/10

### The Resident Council & Resident Advisory Board

HUD promotes resident involvement in all aspects of the overall mission of Public Housing properties. This allows residents to recognize the importance of their role in creating a positive living environment.

The Temple Housing Resident Council membership is open to any member of a Public Housing household whose name is on the lease and is in compliance with the terms of their lease. Voting members of the Council consist of any member of a qualified household who is 18 years or older. The Resident Advisory Board (RAB) represents the Council and consists of two members from each property. Any qualified voting

member of the Council who meets the requirements and complies with the lease may seek a position on the Resident Advisory Board. Each elected position is a staggered three-year term. Elections for expiring terms are held in September of each year.

The Temple Housing Authority is currently accepting nominations for expiring terms of the Resident Advisory Board for Crestview, Willow Brook, Frances Graham Hall and Jonathan Moore. Residents from these properties who are interested in running for a position on the RAB need to contact Sharon Sapp at 773-2009, ext. 221, **no later than July 12.**

### Resident Spotlight - Ashley Lane

Ashley Lane has been a resident at Jonathan Moore for two years. She is the daughter of Janie and Lonnie Northmore and is the eldest of eight siblings. She is a graduate of Temple High School as well as a 2019 graduate of Temple College. (Congratulations, Ashley!)

Ashley enjoys stepping out of her box by experimenting and learning new things. Her recent endeavors include braiding hair, crocheting, and other small projects with her children. Spending time with her two children, Darrean and Valentina, is her favorite activity. She enjoys adventure with them such as "camping in the living room."



Along with the fun things, Ashley continues to focus on her goals and self-sufficiency. She is back in school at Temple College taking classes for Business Management and will also be working towards licensing in Life and Health Insurance. When asked what keeps her pushing forward and encourages her, she said it was to have a better life for her and her children. She stated, "No matter where life takes you, never give up on what you want to do! All things are possible."

### Fair Housing

The Federal Housing Act, which refers to Title VIII of the Civil Rights Act of 1968, and Texas Fair Housing Act protect your right to rent an apartment, buy a home, obtain a mortgage, or purchase homeowners insurance free from discrimination based on:

- Race
- Color
- National Origin
- Religion
- Sex
- Familial Status
- Disability

The Fair Housing Act has two main goals: 1) ending housing discrimination; and 2) promoting diverse, inclusive communities. It is the policy of CTHC to comply with all Fair Housing regulations.



## Calendar of Events for Residents

### Rose Hall

Mon. & Wed.	<b>New</b> Computer Classes Starting Monday, July 15 Beginner Computer Class - 3:30 pm to 5:00 pm Intermediate Computer Class - 6:00 pm to 7:30 pm
July 10	Chair Exercises by Senior Care Western Hills - 10:00 am
July 17	Presentation by Amedisys Hospice on "Migraines" - 10:00 am
July 23	Presentation by Temple Police Department on "Bullying" - 2:00 pm
July 24	Glucose & Blood Pressure Checks by Senior Care Western Hills - 10:00 am
July 30	Senior Commodity Pickup for FGH/Carver/AB/WB/Chateau - 9:30 am
August 13	Nutrition Class "Cakes" - 12:00 noon
August 14	Chair Exercises by Senior Care Western Hills - 10:00 am
August 20	THA Housekeeping Workshop - 5:30 pm
August 21	Presentation by Amedisys Hospice on "Skin Care" - 10:00 am
August 27	Senior Commodity Pickup for FGH/Carver/AB/WB/Chateau - 9:30 am
August 28	Glucose & Blood Pressure Checks by Senior Care Western Hills - 10:00 am

### BHA Resident Center

Mon. & Wed.	<b>New</b> Beginner Computer Classes Starting Monday, July 15 - 1:00 pm to 2:30 pm
July 8	Presentation by Amedisys Hospice on "Migraines" - 2:00 pm
July 8, 22	Bingo - 3:00 pm
July 17	Knowledge Nuggets "Beware of Fad Diets" - 2:30 pm
July 17	AgriLife "Gardening - Maintaining Your Garden" - 3:00 pm
July 30	Senior Commodity Distribution
August 7	BHA Housekeeping Workshop - 5:30 pm
August 12	Presentation by Amedisys Hospice on "Skin Care" - 2:00 pm
August 12 & 26	Bingo - 3:00 pm
August 12	Nutrition Class "Cakes" - 5:30 pm
August 21	Knowledge Nuggets "Coconut Oil Craze" - 2:30 pm
August 21	AgriLife "Gardening - Diseases & Insects" - 3:00 pm
August 26	Presentation by Senior Care Western Hills on "Advanced Directives" - 2:00 pm
August 27	Senior Commodity Distribution

### Friendship House

July 3	Exercise & Blood Pressure Checks by Senior Care Western Hills - 10:00 am
July 5, 12, 26	Bingo - 10:00 am
July 10	AgriLife "Gardening - Maintaining Your Garden" - 11:30 am
July 17	Exercise & Blood Pressure Checks by Senior Care Western Hills - 10:00 am
July 17	Presentation by Amedisys Hospice on "Migraines" - 11:15 am
July 19	Bingo by Senior Care Western Hills - 10:00 am
July 31	Exercise & Blood Pressure Checks by Senior Care Western Hills - 10:00 am
August 2, 9, 23, 30	Bingo - 10:00 am
August 14	Exercise & Blood Pressure Checks by Senior Care Western Hills - 10:00 am
August 14	AgriLife "Gardening - Diseases & Insects" - 11:30 am
August 16	Bingo by Senior Care Western Hills - 10:00 am
August 21	Presentation by Amedisys Hospice on "Skin Care" - 11:15 am
August 28	Exercise & Blood Pressure Checks by Senior Care Western Hills - 10:00 am

### Other Locations

July 8	Frances Graham Hall Association Meeting - 2:00 pm
July 11	Extraco Mobile Banking at Frances Graham Hall - 3:30 pm
Jul 25 & Aug 29	Frances Graham Hall Bingo - 6:00 pm
July 30	Senior Commodity Distribution at Rose Hall - 9:30 am to 10:30 am
August 1	Extraco Mobile Banking at Frances Graham Hall - 3:30 pm
August 12	Frances Graham Hall Association Meeting - 2:00 pm
August 27	Senior Commodity Distribution at Rose Hall - 9:30 am to 10:30 am
July 10	Golden Haven Association Meeting - 2:00 pm
July 11	Golden Haven Knowledge Nuggets "Coconut Oil Craze" - 12:00 noon
July 11	Extraco Mobile Banking at Golden Haven - 3:00 pm
Jul 12, 26 & Aug 9, 23	Golden Haven Bingo - 6:00 pm
July 13	America the Beautiful Social at Golden Haven - 12:00 noon
July 16	Senior Moves - Chair Exercises at Golden Haven - 9:00 am
July 17	Golden Haven presentation by Amedisys Hospice on "Allergies" - 1:00 pm
July 18	Golden Haven Arts & Crafts - 2:00 pm
July 19	Golden Haven Movie Night - 7:00 pm
July 30	Golden Haven Senior Commodity Distribution - 2:00 pm to 3:00 pm
August 1	Extraco Mobile Banking at Golden Haven - 3:00 pm
August 8	Golden Haven Knowledge Nuggets "Hazards of Vaping" - 12:00 noon
August 14	Golden Haven Association Meeting - 2:00 pm
August 15	Golden Haven Arts & Crafts - 2:00 pm
August 16	Golden Haven Movie Night - 7:00 pm
August 20	Senior Moves - Chair Exercises at Golden Haven - 9:00 am
August 21	Golden Haven presentation by Amedisys Hospice on "Stomach Health" - 1:00 pm
August 27	Golden Haven Senior Commodity Distribution - 2:00 pm to 3:00 pm
July 11	Kyle Knowledge Nuggets "Coconut Oil Craze" - 1:00 pm
July 4, 11, 25	Kyle Bingo - 2:00 pm
Jul 19 & Aug 16	Kyle Bingo Sponsored by Christ Episcopal Church - 2:00 pm
July 24	Kyle Senior Moves - Chair Exercises by Amedisys Hospice - 11:00 am
July 30	Kyle Senior Commodity Distribution - 3:15 pm
August 8	Kyle Knowledge Nuggets "Hazards of Vaping" - 2:00 pm
August 1, 8, 22, 29	Kyle Bingo - 2:00 pm
August 21	Kyle Fire Prevention Program - 2:00 pm
August 27	Kyle Senior Commodity Distribution - 3:15 pm
August 28	Kyle Senior Moves - Chair Exercises by Amedisys Hospice - 11:00 am
<b>July 9</b>	<b>Resident Advisory Board Meeting - THA Board Room - 4:00 pm</b>

Check out the schedule of resident activities on our website at [www.cthc.org](http://www.cthc.org)

## Jr. Einstein Youth Science Camp Schedule

July 11	Field trip to Austin - 8:30 am to 2:00 pm
July 18	Program on "Mass & Volume" at Rose Hall - 12:00 pm to 4:00 pm
July 25	Field trip to Killeen - 8:30 am to 2:00 pm
August 1	Program on "Plasma Universe" at Rose Hall - 12:00 pm to 4:00 pm
August 8	Field trip to Mayborn Museum in Waco - 8:30 am to 2:00 pm

**Note:** To attend the field trip, youth must participate in the lesson from the prior week.

Youth who attend all six sessions will be placed in a raffle to win prizes.

Lunch and transportation are provided.

## Housing Reminders

CTHC offers automatic rent deductions from checking or saving accounts so you don't have to remember to pay your account every month. If you are not taking advantage of this service and would like to know more about it, please contact your Complex Manager. You can also pay by credit card for a small fee.

Any materials other than domestic sanitary sewer waste are prohibited from entering the wastewater stream. Items that should NOT go down the drain include:



- Towels, gloves, wash cloths, moistened wipes, adult diapers, or similar items.
  - Fats, oils, and greases
  - Toilet deodorizers that contain wires.
- These items get stuck and cause backup that leads to overflow. If the toilet is backed up, **DO NOT** continue to flush it.

Residents will be required to clean up the overflow from drains/toilets/etc. **If** the cause of the overflow is determined to be a result of actions of the residents and/or guests, residents **will be** charged if maintenance has to unclog sinks/drains/toilets due to prohibited items.

Pest Control and Filter Change schedules are posted on the CTHC website for your convenience. Please refer to the schedule located under the RESIDENTS tab labeled "ANNUAL SCHEDULES" for your specific date.



The 4th of July holiday is upon us. All across the country the night skies will light up with dazzling displays of color, sight and sound. Management and staff in conjunction with the **National Council on Fireworks Safety** want to remind you to **CELEBRATE SAFELY**.

Fireworks regulations differ from jurisdiction to jurisdiction and the use of such may be a direct violation of city ordinance and subject to fines. Regardless of State or local regulations, **THE USE OF FIREWORKS IS STRICTLY PROHIBITED WITHIN THE APARTMENT COMMUNITY** and could result in the termination of your lease agreement. Please remember that you would be held personally responsible for damage to property or injury to other residents.