

# CENTRAL TEXAS HOUSING CONSORTIUM NEWSLETTER

www.cthc.org



SEPTEMBER 2019

## Fire Prevention Program

CTHC's annual fire safety program is currently underway. In partnership with the Temple Fire & Rescue and Belton Fire Departments, sessions have been scheduled at several CTHC properties. Whether you have attended a previous fire prevention program or you are a new resident, these events give you an opportunity to learn or get a refresher on fire safety procedures as they include fire house demonstrations and hands-on experience with a fire extinguisher. **A few years ago, we had a resident use the fire extinguisher on her building to help put out an oven fire. She had attended a fire safety program and used that training to help prevent a potentially disastrous situation.** Please refer to the schedule for a session close to you!

Belton Housing Authority	Wednesday, September 4 5:30 pm BHA Resident Center
Adams Bend	Thursday, September 5 5:30 pm North East Area of Complex
Tembell	Monday, September 9 5:30 pm, North East Corner of Complex
Golden Haven	Tuesday, September 10 2:00 pm, Golden Haven Dining Room
Autumn Leaves, Jonathan Moore & Harvest House	Tuesday, September 10 5:30 pm THA Office
Willow Brook	Tuesday, September 17 5:30 pm, Willowbrook Family Section Parking Lot
Frances Graham Hall & Chateau	Wednesday, September 18 10:00 am Rose Hall
Crestview & Ratliff	Thursday, September 19 5:30 pm Friendship House

## Resident Advisory Board

The Resident Advisory Board (RAB) is a representation of the Resident Council. Anyone living in public housing is a member of the Resident Council. The board exists to improve the quality of life for all residents in public housing by providing input on proposed projects through the PHA Plan and Capital Fund. Absentee voting for RAB elections is currently underway at BHA and THA offices through

September 11. Elections will be held at both locations at 4 p.m. on September 12. Don't forget -- your vote counts!

On September 25 at 3 p.m., there will be a Public Hearing at the BHA Resident Center to discuss the sale of property to Hope for the Hungry. On September 26 at 4 p.m., the RAB Annual Meeting will be held in the THA Board Room.

## It's Almost Here - National Night Out 2019!

CTHC will host four National Night Out events on Tuesday, October 1, in partnership with the Temple and Belton Police Departments and Fire and Rescue Departments along with other community members. National Night Out is designed to heighten crime and drug prevention awareness and promote neighborhood spirit.

**Adams Bend** will have a bounce house and games for the kids, hot dogs and sausages for dinner, and lots and lots of door prizes!

**Raintree's** theme this year is "Aloha!" Hawaiian wear is encouraged but not required. There will be games, food, door prizes, and a dunking booth. Come join the fun!

**Rose Hall's** theme will be "Cowboy Up," so giddy-up and get out your cowboy and western wear for this year's event. There will be food, door prizes, and music provided by the Ft. Hood Band.

Our **Belton NNO** will be in partnership with Hope for the Hungry in Mitchell Circle Park. Children's Special Needs Network will also be present. This location will have a bounce house, food, and door prizes!

## Youth Science Camp 2019

A total of 23 CTHC youth, ages 7 to 17, enjoyed six weeks of exciting education during this summer's science camp with the focus on "Who is Einstein?" The youth were challenged weekly with fun facts and hands-on experiments such as the "Dirty Pour" and "Making a Rainbow." Field trips included the Central Texas Food Bank in Austin and the Waco Mayborn Museum.

two bicycles generously donated by New Light Lodge #242. Congratulations to Anastasia Duncan and Eliannice Rosario for winning the bikes!

Back packs were provided to each youth participating in the camp who needed a book bag and school supplies thanks to *Iota Lambda Mu Sorority Inc.*

The names of youth who attended every session were placed in a drawing to win

Please check out the camp photos on our Facebook page!

## Youth Fall Festival

Thursday, October 17

5:00 pm to 7:30 pm

Rose Hall, 107 N. 9th Street in Temple

Join us for food, games, door prizes and costume contest

Costume prizes awarded for:

**\* scariest \* funniest \* most creative \***

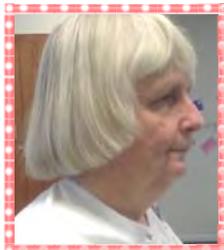
**Event open to CTHC youth and their parents.**



Jr. Einstein Science Camp 2019 Participants

## Resident Spotlight - Marian Byrd

Marian is her name and bingo is her game. Marian Byrd is a Texas native, born in Corpus Christi in 1947. Born prematurely, she had a small start at a whopping three pounds. Marian sees the world a little differently than most of us do. She is considered legally blind due to over oxygenation when she was born, so she navigates through hearing and touch.



to the beautiful Garner State Park in Concan, TX. She recalls tying back her waist long hair and soaring through the air into the river on a stout rope swing. The first time they made the trek to the campgrounds, her dad built a homemade camper for the family of four to travel in.

Her grandmother did not always approve, but that never stopped her grandfather.

Her dream was always to become a mother and that wish was granted when she had her daughter, Judy. She now has three granddaughters and one great-grandson and enjoys spending quality time with them. In her earlier years, Marian's love for children led her to start a certified, in-home day care. Some of her clients included a former Temple High School principal's grandchildren.

Marian said one of the most important lessons she has learned is "to respect others as you want to be respected."

Marian looks back fondly on childhood memories of growing up in a small, close-knit family. Her father worked in civil service while her mother stayed home to raise Marian and her older sister. Every summer, her family would pack up and head

Another summer tradition included visiting her mom's parents for two weeks at a time even though they lived in the same city as her. Each morning, she would wake up to six cents left behind by her "PawPaw" for her to take to the small shop down the street to purchase a fudge bar or pack of

## Just a Reminder...

Every Wednesday from 9 a.m. to noon, residents join together at Rose Hall for fellowship and fun. The program is open to all CTHC senior and disabled residents. New activities and programs are planned each month. We have community partners that come each month with a special topic, blood pressure checks, exercise, arts and crafts and so much more. (The last Wednesday of every month we celebrate all birthdays in that month.) Come join us for Rose Hall Wednesdays at 107 North 9<sup>th</sup> St. in Temple! Transportation is provided.

## Calendar of Events for Residents

### Rose Hall

Mon. & Wed.	<b>New</b> Computer Classes Start Monday, September 23 Beginner Computer Class - 3:30 pm to 5:00 pm Intermediate Computer Class - 6:00 pm to 7:30 pm
September 10	Nutrition Class "Freezer Meals" - 12:00 noon
September 18	Presentation by Amedisys Hospice on "Pain Awareness" - 9:00 am
September 24	Senior Commodity Pickup for FGH/Carver/AB/WBE/Chateau - 9:30 am
October 8	Nutrition Class "Vegetable Pies" - 12:00 noon
October 9	Rose Hall Wednesday "Wear Blue Day - Bully Prevention" - 9:00 am
October 15	Presentation by Bancorp South on "Fraud/Identifying & Avoiding Scams" - 1:00 pm
October 16	Presentation by Amedisys Hospice on "Healthy Lungs" & Chair Exercises - 9:00 am
October 26	Altrusa Brunch for Seniors - 10:00 am
October 29	Senior Commodity Pickup for FGH/Carver/AB/WBE/Chateau - 9:30 am
October 30	Rose Hall Costume Contest - 10:00 am

### BHA Resident Center

Mon. & Wed.	<b>New</b> Beginner Computer Classes Start Monday, September 23 - 1:00 pm to 2:30 pm
Sept 9 & 23	Bingo - 3:00 pm
September 9	Nutrition Class "Freezer Meals" - 5:30 pm
September 18	Knowledge Nuggets "Fermented Foods" - 2:30 pm
September 18	AgriLife "Gardening - Harvesting" - 3:00 pm
September 23	Presentation by Amedisys Hospice on "Stomach Health" - 2:00 pm
September 24	Senior Commodity Distribution
Oct 7 & 28	Bingo - 3:00 pm
October 7	Nutrition Class "Vegetable Pies" - 5:30 pm
October 16	Knowledge Nuggets "Copper Infused Garments" - 2:30 pm
October 28	Presentation by Amedisys Hospice on "Healthy Lungs" - 2:00 pm
October 29	Senior Commodity Distribution

### Friendship House

September 18	Presentation by Amedisys Hospice on "Pain Awareness" - 11:15 am
September 25	AgriLife "Gardening - Harvesting" - 11:30 am
October 10	Taste of Texas - 12:00 noon
October 16	Presentation by Amedisys Hospice on "Healthy Lungs" - 11:15 am

### Other Locations

Sept 5 & Oct 3	Extraco Mobile Banking at Frances Graham Hall - 3:30 pm
September 9	Frances Graham Hall Association Meeting - 2:00 pm
September 19	Frances Graham Hall Game Night - Domino, Spades & Checkers Tournament - 6:00 pm
September 24	Senior Commodity Distribution at Rose Hall - 9:30 am to 10:30 am
Sept 26 & Oct 31	Frances Graham Hall Bingo - 6:00 pm
October 14	Frances Graham Hall Association Meeting - 2:00 pm
October 29	Senior Commodity Distribution at Rose Hall - 9:30 am to 10:30 am
Sept 5 & Oct 3	Extraco Mobile Banking at Golden Haven - 3:00 pm
Sept 13 & 27 Oct 11 & 25	Golden Haven Bingo - 6:00 pm
September 17	Senior Moves - Chair Exercises at Golden Haven - 9:00 am
September 18	Golden Haven presentation by Amedisys Hospice on "Fall Prevention" - 1:00 pm
September 18	Golden Haven Association Meeting - 2:00 pm
September 19	Golden Haven Arts & Crafts - 2:00 pm
September 20	Golden Haven Movie Night - 7:00 pm
September 24	Golden Haven Senior Commodity Distribution - 2:00 pm to 3:00 pm
October 10	Knowledge Nuggets "Vaping Hazards Part 2" - 12:00 noon
October 15	Senior Moves - Chair Exercises at Golden Haven - 9:00 am
October 16	Golden Haven presentation by Amedisys Hospice on "Mental Health Changes With The Holidays" - 1:00 pm
October 17	Golden Haven Arts & Crafts - 2:00 pm
October 18	Golden Haven Movie Night - 7:00 pm
October 29	Golden Haven Senior Commodity Distribution - 2:00 pm to 3:00 pm
Sep 5, 12, 19	Kyle Bingo - 2:00 pm
September 24	Kyle Senior Commodity Distribution - 3:15 pm
September 25	Kyle Senior Moves - Chair Exercises by Amedisys Hospice - 11:00 am
September 27	Kyle Bingo Sponsored by Christ Episcopal Church with Ice Cream Social - 2:00 pm
Oct 3, 10, 24, 31	Kyle Bingo - 2:00 pm
October 10	Knowledge Nuggets "Vaping Hazards Part 2" - 1:00 pm
October 18	Kyle Bingo Sponsored by Christ Episcopal Church - 2:00 pm
October 23	Kyle Senior Moves - Chair Exercises by Amedisys Hospice - 11:00 am
October 29	Kyle Senior Commodity Distribution - 3:15 pm

**September 11** **CTHC Senior Picnic at the Temple Railroad Depot & Museum - 10:00 am**

Check out the schedule of resident activities on our website at [www.cthc.org](http://www.cthc.org)

## Housing Reminders

**Security Guidelines for Residents:** We care about your safety and that of other residents and guests. The best safety measures are the ones you perform as a matter of habit. We recommend that all residents use common sense and follow crime prevention tips, such as those listed below:



- **In case of emergency, call 911.** Always report emergencies to authorities first and then contact the Complex Manager.
- **Report** any suspicious activity to the police first, and then follow-up with a written notice to the Complex Manager.
- Know your neighbors. Watching out for each other is one of the best defenses against crime.
- Use the **keyless deadbolt** in your apartment when you are home. Do not leave your door unlocked.
- **Do not give your keys or door codes to anyone.** Do not open doors to the apartment or building for strangers.
- **Always lock the doors on your car;** even when driving. Take the keys and remove or hide any valuables. Park your vehicles in a well-lit area.
- **Check the backseat** before getting into your car. Be careful stopping at gas stations or automatic-teller machines at night or anytime you suspect danger.

### Alcoholic Beverage Consumption.

Drinking of alcoholic beverages in areas **outside** of your individual unit is not permitted. This includes balconies, stairwells, parking lots, playground areas, lawn, and patio areas.



**Blinds.** Children can accidentally strangle in window blind cords. Keep cords out of reach of children and off the floors. Do not place cribs near window blind cords. Devices are available at local stores to keep cords out of reach of children such as clamps, clothespins, or tie-downs. Clean blinds with a damp cloth and mild detergent. Residents are required to maintain blinds in good and working condition. Damaged blinds will be replaced and costs will be the resident's responsibility.

**Children Playing:** Children must be supervised by an adult. Parents or guardians of a child are responsible for the child's rule compliance. *Residents and guests must not ride bicycles, roller blades, play football, or participate in any other sport related activities on sidewalks or in breezeways or parking lots.*



**Garbage.** All trash must be properly bagged and tied upon disposal. Do not empty trash cans with unbagged waste directly into the dumpster. Garbage should be disposed of at least weekly in the trash receptacle.

Residents are responsible for the actions of their household members and guests. If these individuals are found violating any policies, the resident will be liable. Repair costs for any damage to CTHC property (air conditioning units, playground, fences, apartments, signs, etc.) will be charged to the resident and could result in termination of the rental lease.