



November 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Recurring Events: Mon, Wed 1:00 - 2:30 Computer Classes Mon, Wed 12:00 - 1:00 Keyboarding Classes Tue, Thurs 4:00 - 5:00 STRIVE				1 4pm STRIVE	2	3
4	5	6 10am Medicare 2019 Q&A Session at Rose Hall 4pm STRIVE	7	8 4pm STRIVE	9	10
11	12 3pm BINGO 5:30pm Nutrition Class "Soups!"	13 4pm STRIVE	14 1pm Thanksgiving Lunch Potluck Door Decorating Contest Entry Forms Online & In Our Office	15 3pm Agrilife "Maintain, No Gain" Weigh In & "Be Well, Live Well" 4pm STRIVE	16	17
18	19	20 No STRIVE	21	22 No STRIVE CTHC Closed 	23 CTHC Closed 	24
25	26 2pm Kindred "A Healthy Mind" 3pm BINGO w/ United Health Care	27 4pm STRIVE	28	29 4pm STRIVE	30	Visit our website at www.cthc.org for all resident activities. 