


October 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Visit our website at www.cthc.org for all resident activities.	1	2 4pm STRIVE 5:30pm National Night Out at Mitchell Circle Park	3	4 4pm STRIVE	5	6
7	8	9 4pm STRIVE 5:30pm Nutrition Class "Soy"	10	11 NO STRIVE	12	13
14	15	16 4pm STRIVE	17 11:30am BIN-GO & B/P Checks w/1st Atlantic 3pm Agrilife Presentation Be Well, Live Well "Be Independent"	18 NO STRIVE 5:30pm CTHC Family Fall Festival at Rose Hall	19	20
21	22 2pm Kindred Hospice Presents "Just Breathe" 3pm BINGO	23 4pm STRIVE	24	25 4pm STRIVE	26	27
28	29	30 NO STRIVE	31 	Recurring Events: Mon, Wed 1:00—2:30 Computer Classes Mon, Wed 12:00—1:00 Keyboarding Classes Tue, Thurs 4:00—5:00 STRIVE		

