



Frances Graham Hall  
100 North 7th

# January 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CTHC Closed 	2	3 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday 10:45 a.m. Maintain, No Gain	4 3:30 p.m. - 4:00 p.m. Extraco Mobile Banking	5	6
7	8 2:00 p.m. Association Meeting 11:00 a.m. 1st Atlantic B/P Checks	9 1:30 p.m. Kindred Hospice - Potassium Levels	10 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday	11	12	13
14	15 CTHC Closed 	16	17 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday	18	19	20
21	22 11:00 a.m. - 1st Atlantic B/P Checks - "UTIs/ Personal Hygiene"	23	24 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday	25	26	27
28	29	30 5:30 p.m. RAB & Association Officer Training at Rose Hall	31 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday 6:00 p.m. Bingo	Visit our website at <a href="http://www.cthc.org">www.cthc.org</a> for all resident activities.		

