






JANUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CTHC Closed 	2 11:30am Kin-dred Presents "Stalking/Bullying"	3	4	5
6	7 10am Bible Study - Dorine Phillips, Grace Temple Ministries 11am Lunch	8 10am Ancestry Class 11am Lunch 12pm Social Hour	9 10am CTHC "Get Moving" 11am Lunch 11:30am AgriLife "Be Well, Live Well" Session 3	10 10am Music Therapy 11am Lunch 12pm Arts & Crafts	11 10am BINGO 11am Lunch	12
13	14 10am Bible Study - Dorine Phillips, Grace Temple Ministries 11am Lunch	15 10am Ancestry Class 11am Lunch 12pm Social Hour	16 10am CTHC "Get Moving" 11am Lunch 12pm Current Events	17 10am Music Therapy 11am Lunch 12pm Arts & Crafts 12pm Birthday Celebration	18 10am BINGO 11am Lunch	19
20	21 MLK Jr. Day CTHC Closed 	22 10am Ancestry Class 11am Lunch 12pm 1st Atlantic "Mind Games"	23 10am CTHC "Get Moving" 11am Lunch 12pm Current Events	24 10am Music Therapy 11am Lunch	25 10am BINGO 11am Lunch	26
27	28 10am Bible Study - Dorine Phillips, Grace Temple Ministries 11am Lunch	29 10am Ancestry Class 11am Lunch 12pm Social Hour	30 10am CTHC "Get Moving" 11am Lunch 12pm Current Events	31 10am Music Therapy 11am Lunch 12pm Arts & Crafts		Visit our website at www.cthc.org for all resident activities. 