

March 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|--|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 12pm Nutrition "Special Ingredient Focus - Eggplant" at Rose Hall | 6 9am Rose Hall Wednesday 2pm Kindred Hospice | 7 3pm Extraco Mobile Banking | 8 6pm BINGO | 9 |
| 10 | 11 | 12 | 13 9am Rose Hall Wednesday 10am AgriLife "Be Well, Live Well" at Rose Hall 2pm Resident Association Meeting | 14 9:15am Book Mobile 12pm Knowledge Nuggets | 15 | 16 |
| 17  | 18 | 19 9am Senior Moves "Chair Exercise" | 20 9am Rose Hall Wednesday Birthday Celebration | 21 2pm Arts & Crafts | 22 6pm BINGO | 23 |
| 24 | 25 | 26 2pm CTLC Food Commodity Pick Up | 27 No Rose Hall Wednesday | 28 | 29 7pm Movie Night | 30 |
| 31 |  | | | | Visit our website at www.cthc.org for all resident ac- tivities.  | |