



Rose Hall
107 North 9th

January 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Visit our website at www.cthc.org for all resident activities.	1 CTHC Closed 	2	3 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday	4	5	6
7	8	9 12:00 p.m. Nutrition Class - New Year Reset: Budgeting & Meal Planning	10 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday 9:30 a.m. - 1st Atlantic B/P Checks	11	12	13
14	15 CTHC Closed 	16	17 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday 9:30 a.m. Neighborhood Watch 10:00 a.m. Eat Smart, Live Strong - "Eat Strong, Spend Less"	18	19	20
21	22	23	24 9:00 a.m. - 12:00 p.m. Rose Hall Wednesday 9:30 a.m. 1st Atlantic B/P Checks - "UTIs/ Personal Hygiene"	25	26	27
28	29	30 5:30 p.m. - RAB & Association Train- ing	31 9:00 a.m. - 12:00 p.m. Rose Hall Wednes- day	Recurring Events: Mon, Wed 3:30 - 5:00 p.m. Beginners Computer Class Mon, Wed 6:00 - 7:30 p.m. Intermediate Computer Class Mon 1:30 - 3:30 p.m. Open Computer Lab Wed 9:00 - 3:30 p.m. Open Computer Lab Tues, Thurs 12:00 - 3:30 p.m. Open Computer Lab		

