

November 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Recurring Events: Mon, Wed 3:30-5:00 Beginners Computer Class Mon, Wed 6:00-7:30 Intermediate Computer Class Mon 1:30-3:30 Open Computer Lab Wed 9:00-3:30 Open Computer Lab Tue, Thurs 12:00-3:30 Open Computer Lab				1	2	3
4	5	6 10am Medi-care 2019 Q&A Session at Rose Hall	7 9am-12pm Rose Hall Wednesday 10am Kindred "A Healthy Mind"	8 Deadline to sign up for Senior Thanksgiving Potluck	9	10
11	12 12pm Nutrition Class "Soups!"	13	14 9:30am 1st Atlantic B/P Checks 9:30am Bookmobile 9:45am Agrilife "Maintain, No Gain Weigh in & Be Well, Live Well" 11am Senior Thanksgiving Potluck	15 Door Decorating Contest Entry Forms Online & In Our Office	16	17
18	19	20	21 No Rose Hall Wednesday - Computer Lab Still Open	22 CTHC Closed 	23 CTHC Closed 	24
25	26	27	28 9am-12pm Rose Hall Wednesday 11am BINGO w/ United Health Care	29	30	Visit our website at www.cthc.org for all resident activities.